

JOHN-DAVID ASIDO LYONS, M.D., M.P.P

EDUCATION

White Memorial Family Medicine Residency Program Residency Training, FM	Jun 2021
David Geffen School of Medicine, UCLA Medical Doctorate	Jun 2018
Luskin School of Public Affairs, UCLA Masters of Public Policy	Jun 2018
San Diego State University BS Biology with Emphasis on Molecular and Cellular Biology Minor in Industrial/Organizational Psychology	May 2013
Hilltop Senior High School, Chula Vista, Ca. High School Diploma	Jun 2003

AWARDS

<u>Proclamation Recipient: Men's Health Month</u> Mayor Lula Davis-Holmes, Councilmember Cedric Hicks, and Carson City Council	Jun 2025
<u>Certificate of Recognition</u> Mayor Lula Davis-Holmes and Carson City Councilmembers	Sep 2024
<u>Certificate of Commendation</u> LA Supervisor Hilda Solis, Jul 2024	Jul 2024
<u>Medical Student Scholarship</u> Southern California Lambda Medical Association	Dec 2014
<u>Navy and Marine Corps Accommodation Medal</u> Naval Health Clinic New England: Groton, Connecticut	Apr 2007

WORK EXPERIENCE

<u>Primary Care Provider</u> <u>School Based Health Program, Medical Director</u> <u>Supervising Physician, Oneill Clinic</u> <u>Universal Community Health Center, Los Angeles</u>	Sep 2021 - May 2026
Serve as Supervising Physician for the O'Neill location, overseeing a clinical team of 2 MDs and 4 mid-level providers while continuing to deliver comprehensive primary care and ensuring patient satisfaction. Collaborate with operations staff to optimize clinical workflows and advance organizational goals, such as the successful integration of pre-appointment oral cancer screenings. As Medical Director, strategize and execute deliverables for school-based health grants. Successfully integrated an onsite behavioral health program and established a closed-loop referral system for at-risk youth based on Adverse Childhood Experiences (ACEs) and Social Determinants of Health (SDOH) to connect families to vital resources. Entrusted with comprehensive financial management, including the creation of the department's operating budget for 2025 and 2026. Expanded community outreach by forging a strategic partnership (with a pending MOU) with Alliance College-Ready Public Schools, one of the largest and most successful nonprofit public charter school networks in Los Angeles. Also precepted students from local and out-of-state medical, physician assistant, and nurse practitioner	

students. Accommodated students from undergraduate programs and high school to shadow me in clinic.

Primary Care Provider

Clinica Romero

Managed acute and chronic patient care through accurate diagnosis, treatment, and specialist triaging while working collaboratively with a multidisciplinary healthcare team. Ensured optimal patient satisfaction and regulatory compliance by strictly adhering to HIPAA standards and continuously updating clinical knowledge through ongoing medical education.

Apr 2021 - Oct 2021

Corpsman, Petty Officer 3rd Class

US Navy

I managed comprehensive patient care and medical readiness across multiple high-tempo military environments, including Naval Health Care New England, Camp Pendleton, and a combat deployment to Fallujah, Iraq. Serving in roles such as Pipeline Manager and Preventive Medicine Representative, I ensured the deployability of over 1,500 Marines and outgoing submarine students by overseeing immunizations, physicals, medical waivers, and laboratory processing. My clinical and administrative duties spanned sick call and brig acute care, combat casualty tracking and reporting, medical record maintenance, and optometry processing. Additionally, I took on vital leadership and educational initiatives, which included developing a 45-minute medical indoctrination presentation for new students and stepping in as the unofficial medical corpsman to provide essential care and supplies to a contingent of under-resourced Ugandan soldiers in Iraq.

Nov 2004 - Oct 2009

Worked at various employers from 1999 to 2004 to support myself and my family during periods of financial hardship. Employers included GSM Wireless, DialAmerica, Nautica, Sea World San Diego, and Teens in Progress

RESEARCH EXPERIENCE

Nanoparticles and Solar cells

San Diego State University

Researched novel nanometal synthesis for optical and solar applications, inventing a method to create smaller particles and presenting these findings at the SDSU Student Research Symposium in 2012 and 2013.

Jan 2011 – May 2013

LGBT Prejudice

San Diego State University

Explored the thoughts, feelings, emotions, and beliefs that influence prejudice against gays and lesbians by surveying.

Jun 2011- Jun 2012

LEADERSHIP AND VOLUNTEER EXPERIENCE

Board Member

LA Trust for Student Health

Serving on the Board of Directors and the Operations Committee for The LA Trust for Student Health, I advise on overarching organizational strategy, outreach, and data collection efforts. Acting as an ambassador and face of the organization at sponsored events, I actively facilitate strategic partnerships and drive fundraising goals to expand our community impact. By aligning these external efforts with optimized data tracking and targeted outreach, I ensure our programs effectively bridge the gap between healthcare resources and student communities across Los Angeles.

Jul 2024–Current

CEO

Doctor Homie Productions Inc.

Dec 2021–Current

As the founder of the registered non-profit Doctor Homie Productions, I developed the "Dr. Homie" persona—rooted in my disadvantaged upbringing and military veteran background—to combat medical misinformation and bridge the trust gap with disenfranchised communities. By blending evidence-based health advocacy with culturally relevant pop culture references, I have grown a digital health movement with over 37,000 followers and one million views dedicated to improving health literacy for at-risk populations. Beyond digital content, I actively expand this mission through grassroots community engagement and keynote speaking, empowering youth and local communities to overcome adversity and confidently navigate the healthcare system.

Member

Los Angeles County Medical Association (LACMA)

2017–Current

An active LACMA member since 2017, my role evolved from medical student advocate to physician leader shaping state policy during annual Legislative Days. At the Capitol, I lobbied against unsafe scope-of-practice expansions (2017, 2018), secured telehealth parity and emergency protections during COVID-19 (2020), and championed the MCO tax to increase Medi-Cal provider rates (2023, 2024). In 2025, my advocacy focused on defending healthcare safety-net funding against budget cuts and establishing ethical guardrails for AI in medicine.

President

Southern California Lambda Medical Association, SCLMA.org, Los Angeles

Dec 2016–Mar 2023

Elected by board members to serve as VP of the largest LGBT+ network of doctors in Southern California, est. 1978. Expanded membership to all health and wellness providers and more than quadrupled paid membership in turn increasing public directory of LGBT+ affirming and healthcare practitioners for patients. Recruited volunteers and formed committees within the organization for better structure and execution of endeavors. Established monthly socials and planning workshops for professional development and CME/CEU qualifications. Provided educational workshop on first aid and risk reduction for homeless youth at MyFriendsPlace, Los Angeles.

Second Year Doctoring Tutor

David Geffen School of Medicine, UCLA

Aug 2016–Apr 2017

Volunteered to be a tutor for the 2nd year doctoring classes at DGSOM. I provided education and perspective from a 3rd year medical student's perspective to help prepare students for their clinical practice and clerkships. I attended 8 tutoring sessions and 3 evening trainings.

Student Provider

Mobile Clinic, Santa Monica and West Hollywood

Oct 2013–Dec 2016

Volunteered to provide primary and sub-acute medical care to homeless patients at a Santa Monica food kitchen and on the street in West Hollywood. Medical students were in charge of being initial care providers and to present case to the single attending at the site.

Medical Student Provider

Project H.E.A.L., Haiti

Jun 2016–Jul 2016

Spent 10 days in Haiti as part of a team of medical students and physicians providing care to a rural village. Roughly 12 medical students and 4 providers, we provided care to the village with a population of 1000 performing screenings and chronic care for hypertension, cervical cancer, STIs, breast cancer, GERD, H.Pylori, abscesses, and even pemphigoid vulgaris. We stayed in housing within the village while we were providing care with minimum resources in an old church and concrete shack.

Curriculum Review and LGBT Integration

David Geffen School of Medicine, UCLA

Jun 2015–Jul 2016

Working with Dr. Brian Hurley, former American Medical Association advisor, and the support of Associate Dean of Curricular Affairs, Dr. Neveen El-Farra, I reviewed the medical school lectures to identify areas where the LGBT population may be incorporated in order to provide further insight into the vast number of health disparities affecting them instead of an overemphasis on STI screenings. A secondary goal is to normalize LGBT people in the patient population in order to exemplify the diverse makeup of patients and practice better cultural awareness and equity in the exam room.

Longitudinal Advising and Mentorship Planning Member

David Geffen School of Medicine, UCLA

Jun 2014-May 2016

Served as one of two medical student representatives collaborating with faculty to research and design a new professional development framework. This initiative led to a restructured curriculum and the onboarding of dedicated faculty aimed at enhancing specialty guidance and supporting student well-being.

Co President

Medical Gay and Lesbian Organization (MedGLO), DGSOM, UCLA

Feb 2014-Mar 2015

Led and revitalized the campus LGBT student interest group, growing membership from zero to 10 active members and executing the inaugural Southern California LGBT Health Conference and expanding cross-club outreach. Additionally, founded a targeted mentorship program to help LGBT undergraduates navigate the medical school admissions process by pairing them with current medical students.

GLSEN Jump Start Coordinator

Gay, Lesbian, and Straight Education Network, San Diego, Ca.

Aug 2011-Aug 2013

Directed student-led advocacy programs to promote school equality, culminating in the successful coordination of the 2013 Safe Schools Summit, where I raised \$2,000 in grants, trained youth leaders to facilitate workshops, and secured US Attorney Laura Duffy as the keynote speaker for over 100 attendees.

High School Outreach Coordinator

Member

American Medical School Association, San Diego State University

May 2010 – May 2013

Recognized as the most active member (2010–2011) for my extensive community service involvement, I championed diversity in medicine by organizing expert lectures on LGBT, Latino, and geriatric health disparities. As Outreach Coordinator, I developed a high school-to-college online mentoring program, recruited mentors for local youth academies, and led comprehensive educational outreach. These efforts included guiding high school science students through medical school pathways and advising Gay-Straight Alliance clubs on college admissions, financial aid, and post-secondary LGBT life.

Respite Caregiver

Sharp Hospice, San Diego, Ca.

Jan 2011 – May 2013

For patients whose prognosis is 6 months or less and care is at home, provide respite care on a weekly basis to allow the 24 hour caregiver (typically immediate family) time to themselves. Converse with, entertain, and provide supporting care to the patient. Also taught QuiGong to patients in order to encourage meditation and relaxation.

Big Brother

Big Brothers Big Sisters of San Diego, Ca.

Jan 2010 – Jun 2011

Mentored grade school male youth from a single parent home. Coordinated biweekly activities with mentee, provided advice and direction, and entertained him. My volunteering ended when he passed away, Jun 2011.

Volunteer Coordinator

Fairview Convalescence Home Groton, Ct

Jan 2007 – Apr 2007

Established a volunteer pipeline for active duty military members and recruited volunteers to visit with and assist residents of the local convalescence home. Started a pen pal program for volunteers with limited volunteering time.

LECTURES, CONFERENCES, AND PRESENTATIONS

Workshop: Flipping the Script

Y2Y Conference

Led a strategic workshop empowering Wellness Youth Advocates to reach underrepresented and hesitant student populations through authentic, non-clinical messaging. Taught hands-on frameworks for mapping untapped campus groups and designing cross-collaboration pitches to drive campus-wide wellness engagement.

Apr 2026

Keynote Speaker

SoCal LGBT Health Conference, Kaiser Permanente School of Medicine, Pasadena

Invited to keynote the 10th-anniversary SoCal LGBT Health Conference, a pioneering event I originally spearheaded as a medical student in 2015 to address health disparities and empower diverse future leaders. During my address, I shared my unconventional journey from a disadvantaged upbringing to becoming a military veteran and physician, emphasizing how authentic representation is essential for building trust and delivering compassionate care to marginalized communities.

Jun 2025

Workshop: Conversating About Health Issues

Y2Y Conference, LATTC

Led an interactive Y2Y conference workshop equipping youth wellness leaders with the interpersonal tools necessary to handle sensitive and difficult peer conversations. By practicing affirming dialogue and trust-building strategies, participants learned how to safely bridge the gap between hesitant classmates and the school's wellness center.

Apr 2025

Prostate Cancer Awareness in Black Men

Prostate Cancer Awareness 5K, City of Carson and Compton

Mens Cancer Network, Los Angeles

Fighting Against Cancer for Everyone in the Spirit (F.A.C.E.S.), Inglewood

Delivered targeted community addresses raising awareness about the disproportionately high prostate cancer mortality rates among Black men at multiple local health events (2024–2025), while leveraging Doctor Homie Productions to deploy the Universal Community Health Center's mobile clinic for critical on-site screenings in Carson, Compton, and Inglewood.

Sep 2024 & Sep 2025

May & Jun 2025

Jun 2025

Keynote Speaker

Y2Y Conference, Los Angeles Trade Tech College

Delivered a keynote address to high school youth advocates from underprivileged communities, sharing my personal journey of overcoming adversity to become a physician and activist in order to inspire the next generation of healthcare leaders.

May 2023

LGBT Health Disparities

I presented findings on LGBT health disparities and promoted self-advocacy to:

- David Geffen School of Medicine Incoming Class Orientation, UCLA
- LGBT-IMPAQ Equity and Equality club at Southwest Community College
- Lesbian, Gay, Bisexual, Transgender, Intersex, Muxe, Pansexual, Allies, Queer (LGBT-IMPAQ) Equity and Equality club at Southwest Community College in West Athens neighborhood of Los Angeles.
- Parents and Friends of Gays and Lesbians (PFLAG) Pasadena chapter
- LGBT-IMPAQ Equity and Equality club at Southwest Community College

Aug 2014-Aug 2017

May 2016

Apr 2015

Jan 2015

Nov 2014

- S.E.E. Premedical Summer Internship class at UCLA which were 40 undergraduate students interested in pursuing medicine.
- Rainbow Alliance club at Animo High School in Inglewood

Jul 2014

Oct 2013

LAUNCH Health Symposium Guest Speaker

Alpha Epsilon Delta, UCLA

Spoke alongside doctors and professors regarding my experience and challenges from underprivileged background to 3rd year medical student and advocate for underserved adolescents.

Apr 2016

Operation Mend

UCLA

Spoke to the undergraduate group regarding sexual trauma from serving during Don't Ask Don't Tell.

Feb 2016

Inaugural Southern California LGBT Health Conference

Keck School of Medicine

I recruited the first committee and co-coordinated with them a health conference that addressed disparities in the LGBTQI community. Along with the planning and execution, I was responsible for obtaining sponsorships and donations totaling over \$3500 of the \$9500 raised for the conference. I also recruited most of the speakers and delegated duties to my respective organization who became my successors.

<http://dailybruin.com/2015/02/20/medical-student-seeks-change-in-lgbt-health-care/>

Feb 2015

Mixer and Discussion: Christianity and LGBT Community

I co-planned and hosted at my home a mixer for my Medical Gay and Lesbian Organization (MedGLO) club with my medical school's Christian Medical and Dental Association to openly discuss and learn about perspectives on being LGBT and religion.

Jan 2015

Don't Ask Don't Tell, Invisible Wounds

Operation Mend, UCLA

I was invited as a guest speaker to a series that highlighted experiences with oppression particularly around DADT.

<http://dailybruin.com/2014/11/21/student-organization-veterans-address-military-discrimination-at-event/>

Nov 2014

Minority Health Conference

Keck School of Medicine

I served as a speaker recruiter and assisted with planning for the Annual Minority Health Conference hosted by students from the David Geffen School of Medicine and Keck School of Medicine. I was able to recruit our keynote speaker Paul Simon, MD MPH, who is the Director of Public Health and Injury Prevention in Los Angeles. I also recruited Bowen Chung, MD MPH, to speak on multidisciplinary teams working with the community to bring better health access to people using community members. Lastly, I recruited Jerome Rabow, PhD, to speak on prejudice in medicine and recognizing our own prejudices in order to prevent their effects on our patient care.

Oct 2013 & Nov 2014

2014 Equity, Inclusion, & Diversity Graduate Welcome Day

I was invited to be on a panel to speak to incoming graduate students of UCLA on life as a graduate student in terms of being of color, lower income background, and gay.

Sep 2014

LGBTQI Inter-Health School Mixer

I helped plan and fund and hosted at my home a mixer in order to bring the LGBTQI health students together to build better bonding relationships that paved the way for the involvement of the schools in the Southern California LGBT Health Conference.

Sep 2014

Diversity BBQ 2014

Aug 2014

I helped plan, execute, and facilitated discussions at the welcoming BBQ for those interested in the diversity of the medical school. I led a group to open up about their various identities and how they felt it may play a role in their path to medicine.

4th Annual MEDPEP Pre-Health Conference and Resource Fair

Aug 2014

I was invited to speak on a panel for the Médicos, Enfermeros, y Dentistas Para El Pueblo (MEDPEP) pre health conference at UCLA. I spoke about my experiences applying to medical school from the non-traditional route and coming from a lower income minority background.

Pilipinos for Community Health, UCLA

May 2014

I gave advice and answered questions while on a panel for the local undergraduate students interested in medical school.

LGBT Youth Health Discussion

May 2014

I visited Palisades High School and met with their Gay-Straight Alliance club. I facilitated a discussion on healthy habits and self-advocacy in an exam room.

Cultural Awareness Week

Mar 2014

I helped plan and execute a weeklong series of lunch speakers for our medical school. It was started to bring more awareness about disparities of various cultural backgrounds. I represented the LGBT communities advocate and recruited Dr Jeffrey Ring, Director of Behavioral Sciences and Cultural Medicine at White Memorial Medical Center to speak on mindfulness about our own biases.

LGBT Graduate Student Panel

Jan 2014

I sat on a panel of LGBTQ graduate students attending programs in law, business, sciences, and others in order to answer questions from the undergraduate LGBT students regarding what to look forward to and what to prepare for.

LGBT Health Disparities and Sexual Health

Nov 2013

I co presented findings on LGBT Health disparities and information regarding safe sex to the marine biology class at Animo High School in Inglewood

Military Medicine Panel

Apr 2013

I recruited Navy and Air Force physicians to speak to our AMSA group about military medicine.

NPR: California's LGBT Students Feel Unsafe

Mar 2013

I was invited to speak on National Public Radio about the Jump-Start program I volunteer for in light of the State Snapshot of the National School Climate Survey for California

Safe Schools Summit 2013

Apr 2013

I planned and coordinated the annual Safe Schools Summit that was attended by over 100 people and I was able to recruit US Attorney Laura Duffy to be a keynote speaker. The summit served to empower LGBT youth against anti-LGBT bullying.

Basketball Against Bullying

Sep 2012

In Sep, I helped educate many YMCA youth basketball teams on how to identify and stand up against bullies. This was televised on ABC news

PERFORMING ARTS

Live Singing Performances

Queer Mercado, Los Angeles

Sep 2023-Current

Sang covers of popular songs on stage at several of the monthly East LA mercado showcasing queer owned businesses

Med Games Dance Performance

David Geffen School of Medicine

Sep 2014

I was part of a dance team that performed a choreographed piece for the annual games against local southern California Medical Schools.

Ceremony of Thanks

David Geffen School of Medicine

As part of the Medical School A-Capella group, Geffennotes, we sang Oh Shenandoah as a tribute to the people who donated their bodies for our anatomy classes. I also performed a solo song, Wherever You Will Go.

May 2014

“Doctors” Royals Parody

David Geffen School of Medicine

Assisted classmates with writing a med school music video parody of a song that would serve to bring our medical school into light during the med school music video craze.

<https://www.youtube.com/watch?v=mxvNzqONa50>

Feb 2014

Variety Show Performance for Charity

Flicks, San Diego, Ca

I sang at over 10 charity events under the direction of a local drag performer raising money for local LGBT family and homeless organizations in San Diego.

Feb 2011-Jun 2013

LICENSES

Family Practice Board Certification

American Board of Family Medicine

Jun 2021-Dec 2031

Physician and Surgeon A

Medical Board of California

Dec 2019-Dec 2029

Controlled Substance and X Waiver

US DOJ Drug Enforcement Agency

Feb 2026-Mar 2029

Licensed Vocational Nurse

California Board of Vocational Nursing

2010-2014

Registered Medical Assistant

California Board of Vocational Nursing

2009-2010

Phlebotomy Technician

The National Phlebotomy Association Inc

2009-2010

BLS Training Site Faculty

American Heart Association Military Training Network

2008-2010

BLS Instructor

American Heart Association Military Training Network

2007-2010

LANGUAGES

English- Native Language

Spanish- Read, write, and speak with intermediate competence